

Arizona Cyclists Enjoy Pancake Break

Contributed by Tokyo Tumbleweed
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Even the heat can't stop these cyclists from enjoying The Cook's Combo! Quite often on weekend mornings you can find a group of cyclists gathering at Kiss the Cook to enjoy a well-earned break as well as a great breakfast booster!

Glendale has some great biking trails . If you are from out of state and will be attending the 2008 Super Bowl here in Glendale, be sure to bring your bicycle with you!

Being a cyclist myself, I enjoy a good day of biking as much as the next but I have to admit that biking in the Valley of the Sun during the summer of '07 is a real challenge! Today, August 28th 2007, tied for the hottest month on record. The weathermen predict us breaking the record tomorrow. But as you can see from the pictures, hot weather is not stopping this group of happy cyclists!

The guy on the right with the recumbent is me, Tokyo Tumbleweed biking along Tamagawa River in Tokyo, Japan. You can see some of the places, festivals, sailing and other adventures that I have in Japan at Glendale Shopper .